



STATELINE WILDCATS WRESTLING CLUB ALWAYS ON THE ATTACK

WEEK 1, NOV. 12, 2009: UPDATE FROM THE COACHES

Hopefully, everyone is having a great time at practice and staying healthy. There are a few notes below to help you keep healthy and . If you have any questions, please let us know.

SPIRIT WEAR REMINDER

Spirit Wear orders need to be turned in, or ordered online, by **Sunday, November 15th**. If you are interested in ordering a 3X, we were told it is available. Please indicate as such on your ordering form and see Crystal Hart for any questions.

UPCOMING TOURNAMENTS

The Golden Eagles Kick Off Classic Tournament is coming up Saturday, December 5th. Please register online at TrackWrestling.com as soon as possible to secure a spot. If you need assistance registering, please see either Jeff Cavil or Nicole Valach. We'd be happy to help!

NOVEMBER 17th is the signup deadline for both the Hononegah Kids Classic and Cary Matman IKWF Open. Sign up sheets will be available at practice on Tuesdays and Wednesdays inside the upper gym door on the bleachers. Please place your filled-in registration form and payment (check only please) in the box next to the sign up sheets. If you elect to pay for more than one tournament, please indicate the check number on all applicable sign up sheets.

USA CARDS

USA Member Cards will be passed out at practice Tuesday, November 10. All members and coaches should have their USA Cards by now. If you do not, please let us know immediately.

EQUIPMENT INFO

New headgear and singlets have been ordered and should be arriving early December for all members. YEAH!

SCHEDULE CHANGE

Please note that the schedule has a slight change. We will not be practicing on December 17 as previously planned. The updated practice dates are listed to the left for your convenience.

HELPFUL LINKS ONLINE

For those parents looking for more information about youth wrestling, here is an interesting link to "A Parent's Guide to Youth Wrestling".

<http://www.youthwrestlingguide.com/>

WRESTLE!

Takedown! Winners Never Quit! Pin-To-Win!

UPCOMING EVENTS:

November

15 Spirit Wear Due

December

5 Golden Eagles Kick

Off Classic Tourn

13 Hononegah Kids
Classic Tourn

20 Cary Matman IKWF
Open Tourn

PRACTICE DATES:

November

10 Tuesday

11 Wednesday

12 Thursday

17 Tuesday

18 Wednesday

19 Thursday

23 Monday

25 Wednesday

December

1 Tuesday

2 Wednesday

3 Thursday

7 Monday

8 Tuesday

9 Wednesday

14 Monday

16 Wednesday

21 Monday

22 Tuesday

23 Wednesday

28 Monday

29 Tuesday

30 Wednesday